

Menu September 2024



Lunch Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
Home From Home	Mild chicken curry, rice and vegetables	Pasta, meatballs, garlic bread & vegetables	Roast loin of pork	Plain grilled chicken	Fish fingers or steamed fish	
Meat Free	Spinach and vegetable dahl	Vegan meatless balls, garlic bread & vegetables	Vegetable Wellington	Sweet chilli Quorn stir fry	Home-made vegan sausage roll	
On The Side	Rice, green beans, naan bread, yoghurt – mint dressing	Braised red cabbage, peas and sweetcorn	Roast potatoes, thyme roasted carrots, peas and gravy	Noodles and prawn crackers, roasted courgette and baby tomato	Chips, tartar sauce and garden Peas	
AKS Counter	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	
Dessert	Fruit pieces Jellies Fruit yoghurts Cake of the day	Fruit pieces Jellies Fruit yoghurts Cake of the day	Fruit pieces Jellies Fruit yoghurts Cake of the day	Fruit pieces Jellies Fruit yoghurts Cake of the day	Fruit pieces Jellies Fruit yoghurts Cake of the day	
Twilight Counter	Pizza Margherita	Beans on toast	Nursery - pasta bake Twilight - sandwiches	½ Jacket potato, beans or cheese	Ham and cheese sandwich with crudites	
Salad bar Chalkboard	Daily selection of salads, crudites and breads. On a Friday, as well as our normal home-from-home menu, we cook the <i>chalkboard Friday favourites</i> (menu suggestions from pupils)					



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Lunch Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Home From Home	Chicken korma	Cottage pie (deconstructed)	Roast breast of chicken	Spaghetti Bolognaise	Fish fingers or steam roasted fish
Meat Free	Sweet potato and lentil dahl	Vegetable cottage pie (deconstructed)	Vegan sausage roast	Spaghetti with vegetable Bolognaise	Fishless fish fingers
On The Side	Rice, green beans, and onion bhaji	Garlic bread, Mediterranean vegetable medley	Roast potatoes, mixed vegetables and gravy	Rice, tortilla, steamed broccoli	Potato wedges, peas, fresh lemon and tartare sauce
AKS Counter	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise
Dessert	Chocolate brownie yoghurt bar fresh fruit jelly pots	Red Velvet cake yoghurt bar fresh fruit jelly pots	Banoffee slice yoghurt bar fresh fruit jelly pots	Apple Crumble Yoghurt bar fresh fruit Jelly pots	Cookie selection Yoghurt bar Fresh fruit Jelly pots
Twilight Counter	Nursery - fish fingers and beans Twilight - toast	Crumpets	Ham or cheese sandwich and crudites	Cheese on toast	Crackers (for toddlers and Pre- school) Crumpets (for babies) with cheese, ham or jam
Salad bar					



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Lunch Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
Home From Home	Chicken casserole	Sausage, mash peas and gravy (meatballs for the younger children)	Honey roast gammon	Chicken noodles, vegetables and tomato Sauce	Chalkboard Friday	
Meat Free	Spinach, mushroom and cheese gnocchi	Vegan sausage, mashed potatoes, peas and gravy	Caramelised red onion and cheese turnover	Noodles, vegetables and marinara sauce	Chalkboard Friday Fish fingers or steamed fish	
On The Side	Peas and sweetcorn medley, herby mashed potatoes	Garlic focaccia and broccoli	Thyme roasted potatoes, cumin carrots and cauliflower cheese	Prawn crackers and pickled vegetables	Mushy peas, honey roasted carrots and gravy	
AKS Counter	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	Baked jacket potato with cheese, baked beans or penne pasta tomato sauce or Bolognaise	
Dessert	Victoria sponge cake Yoghurt bar fresh fruit jelly pots	Carrot cake Yoghurt bar Fresh fruit Jelly pots	White chocolate and cranberry flapjack Yoghurt bar Fresh fruit Jelly pots	Homemade shortbread Yoghurt bar Fresh fruit Jelly pots	Rice Krispie crunch Yoghurt bar Fresh fruit Jelly pots	
Twilight Counter	Home-made pizza	Home-made chicken nuggets and sweetcorn	Home-made sausage roll/ vegan bake	Beans on toast	Cheese quesadilla with crudites	
Salad bar Chalkboard	Daily selection of salads, crudites and breads. On a Friday, as well as our normal home-from-home menu, we cook the <i>chalkboard Friday favourites</i> (menu suggestions from pupils)					